



Coronavirus guidance

Playing cricket safely through Covid-19

Section 01

Government & ECB guidance

01 Government & ECB Guidance

What is the official legislation?

To keep everyone safe before, during and after playing against Meltham either at home or away, it's important that you're aware of the current guidance from both the ECB and the Government.

- For a breakdown of the rules outlined by the government on social distancing, visit the gov.uk website [here](#).
- For a breakdown of the ECB's plan for a return to recreational cricket, visit the page [here](#).
- For a summary of the ECB's return of recreational cricket, click [here](#).

Before playing cricket at Meltham, it's imperative that all stakeholders including players, scorers, club umpires and spectators read through the guidance pages above to ensure the safety & wellbeing of everyone involved.

01 Government & ECB Guidance

I'm presenting symptoms of Covid-19, what should I do?

Before playing cricket, you need to confirm that you are not displaying any symptoms of Covid-19 and haven't done in the last 7 days. Symptoms of Covid-19 include:

- Fever (a temperature of 37.8 degrees centigrade or above)
- Muscle pains
- Headache
- Shortness of breath and breathing difficulties
- Severe pneumonia
- Loss of taste and/or smell
- Extreme fatigue
- Runny nose
- Sore throat

Ask yourself if you've experienced any of these symptoms in the past 7 days and, if you have, you must not play cricket and should self-isolate for 14 days.

01 Government & ECB Guidance

How do I self isolate?

If you have symptoms of Coronavirus and need to self-isolate, here's what you should & shouldn't do:

Don't

- leave your home
- go to work, school or public places - work from home if you can
- go on public transport or use taxis
- go out to get food and medicine - order it online or by phone, or ask someone to bring it to your home
- have visitors in your home, including friends & family - except for people providing essential care
- go out to exercise - exercise at your home or in your garden, if you have one
- play cricket!

Do

- get a test to see if you have coronavirus within the first 5 days of having symptoms

Section 02

Travelling to and from the match

02 Travelling to and from the match

Make sure you plan ahead before travelling to & from the match and please consider everything outlined in the ECB & government guidance including:

- If you're travelling on public transport, including taxis, ensure a face covering is worn at all times
- Car sharing with people from outside of your household is strongly discouraged and social distancing must be strictly adhered to if car sharing is the only option
- Plan for the possibility of rain stopping play and the potential to shelter in cars - will social distancing be possible? If people choose to take shelter in the Community Centre, their guidance must be followed at all times
- Do not travel with more people than is necessary - priority should be given to players and umpires
- A maximum contingent of 15 people is permitted to travel to the match
- The opposition Club must do all it can to assess the different user groups who may travel to & from the match and plan for how they should move to & from the venue

Make sure that all people travelling to the match have read our *User group travel plan* document prior to travelling to the match. The document is attached in the email containing this document *MCC coronavirus guidance*.

Section 03

Before the match

03 Before the match

Visitor register

To prevent any outbreaks of Covid-19 the government has set up the [NHS Test and Trace](#) system which requires us to keep a log of all visitors to the club for a minimum of 21 days.

All players, coaches, officials and spectators are advised to fill in their details on our attached *MCC Coronavirus register* for us to provide to NHS Test and Trace if anyone tests positive for Coronavirus.

Team selection

All opposition clubs are encouraged to submit their team selection as well as a full list of spectators who will be attending the match on the attached *MCC player, official and spectator sheet* prior to the game date. Note that only a maximum of 15 people are permitted to travel to a match.

Risk assessment

In line with ECB guidance, Meltham Cricket Club have created an updated risk assessment specific to Covid-19 and no significant, insuperable risk with playing cricket has been identified with the control measures in place.

Section 04

On match day

04 On match day

The ground, changing rooms and clubhouse

On arrival to the ground you'll notice some small changes we've made to help maintain social distancing and keep everyone safe.

- Firstly, there'll be no changing rooms available for use by either team and players must therefore arrive to the ground dressed in either training or playing kit.
- To help with cleaning and to prevent people from entering unauthorised areas of the clubhouse, the only toilets in operation are the **main community centre toilets**. These are accessible through the main community centre entrance and up the main staircase. Toilet users should follow guidance outlined by the Community Centre.
- There will be signs displayed around the ground with guidance on how to safely conduct yourself while at the ground.
- Visitors are encouraged to bring and wear PPE where possible,
- Whilst the score box at Meltham is reasonably spacious, to score a full match from the desk whilst physical distancing would not be possible due to the small desk area, therefore only one scorer will be permitted to use the score box at a time, so sheltered space will be made available in the garage below along with a desk. Players are not allowed to enter the score box to consult the scorer at any time.
- There will not be a tea break during the match so all people planning on travelling to the match are encouraged to bring their own tea.
- There will be a white line painted 2 metres either side of the wicket, batsmen must not run within these lines.
- Designated areas for teams to sit and store kit will be signposted on match day and teams should not watch the match from anywhere else.

04 On match day

The match

There will be some differences in the match itself, with a quick breakdown below:

- Every 6 overs or 20 minutes, whichever comes first, there will be a small break in play to sanitise the ball and for layers & officials to sanitise their hands.
- All batters must sanitise their bats prior to batting and at the end of their innings.
- The sharing of equipment is not permitted.
- Neither sweat or saliva may be used to 'shine' the ball.
- The umpire must not touch the ball at any point.
- The ball must not be passed between players, and should be thrown straight to the bowler between balls.
- A 2m distance must be kept between players & officials both while warming up and playing with the exception of wicketkeepers and slip fielders (1m).
- The ball must be cleaned when leaving the field.

After the match

Players, officials and spectators are permitted to use the Community Centre at the end of the match for refreshments. Community Centre guidance must be adhered to at all times.

If any player, official or spectator tests positive for Covid-19 they must work with NHS Test and Trace to identify anyone they've been in contact with.